



External

23. SERVICENAME: DIET COUNSELING/MEAL PLAN (OUT-PATIENT)

Description of the Service: Nutrition Care Plan (Nutrition Counseling) to In-patient with various diseases to improve their overall health, promote faster recovery and prevent malnutrition.

Office or Division:	Nutrition and Dietetics Service (NDS)
Classification:	Simple
Type of Transaction:	G2C – Government to Citizen
Who may avail:	Patients

CHECKLIST OF REQUIREMENTS		WHERE TO SECURE		
Referral Form Laboratory Results		Attending Physician OPD Nurse Station Laboratory Station		
CLIENT STEPS	AGENCY ACTION	FEES TO BE PAID	PROCESSING TIME	PERSON RESPONSIBLE
1. If diagnosed as nutritionally at risk patient, the doctor will provide a referral for Medical Nutrition therapy and will be send to the Nutrition and Dietetics Service	1.1 Receives and checks completeness of the referral Slip	NONE	3 - 5 minutes	Attending Physician Nurse On Duty Nutritionist-Dietitian



2. The patient/SO will go to the Nutrition and Dietetics Service Office, present the referral form duly accomplished by the Attending Physician/Nurse on Duty	2.1 Received the referral form, check for completeness by the Nutritionist-Dietitian	NONE	3 - 5 minutes	Nutritionist-Dietitian
	2.2 Make an assessment base on the data available brought by the patient/SO. (e.i anthropometric measurements, laboratory data ,medication history to determine the client's nutritional status.	NONE	10-15 mins	Nutritionist-Dietitian
	2.3 Formulate meal plan and intervention	NONE	10-15 mins	Nutritionist-Dietitian
3. Get a copy of the meal plan	3.1 Counseling with patient about their meal plan	NONE	10-15 mins	Nutritionist-Dietitian
TOTAL			36 – 55 mins	