



**External**

**22. SERVICENAME: DIET COUNSELING/MEAL PLAN (IN-PATIENT)**

**Description of the Service:** Nutrition Care Plan (Nutrition Counseling) to In-patient with various diseases to improve their overall health, promote faster recovery and prevent malnutrition.

<b>Office or Division:</b>	Nutrition and Dietetics Service (NDS)			
<b>Classification:</b>	Simple			
<b>Type of Transaction:</b>	G2C – Government to Citizen			
<b>Who may avail:</b>	Patients			
<b>CHECKLIST OF REQUIREMENTS</b>		<b>WHERE TO SECURE</b>		
Referral Form Laboratory Results		Attending Physician Nurse Station Laboratory Station		
<b>CLIENT STEPS</b>	<b>AGENCY ACTION</b>	<b>FEES TO BE PAID</b>	<b>PROCESSING TIME</b>	<b>PERSON RESPONSIBLE</b>
1. If diagnosed as nutritionally at risk patient, the doctor will provide a referral for Medical Nutrition therapy and will be send to the Nutrition and Dietetics Service	1.1 Receives and checks completeness of the referral Slip	NONE	3 - 5 mins	Resident on duty / Nurse on duty  Nutritionist-Dietitian
	1.2 If, complete, the Nutritionist-	NONE	10-15 mins	Nutritionist-Dietitian



	Dietitian will go to the nurse station to conduct nutrition assessment base on the data available in the patient's chart. (i.e. anthropometric measurements, laboratory data, medication history and physical examination) to determine the client's nutritional status.			
	1.3. Formulate meal plan and intervention	NONE	10-15 mins	Nutritionist-Dietitian
2. Get a copy of the meal plan	1.4 Counseling with patient about their meal plan	NONE	10-15 minutes	Nutritionist-Dietitian
TOTAL			33 – 50 mins	